Food and Snack Menu

Week 1

	Breakfast	Lunch	PM Snack
Monday	Milk 100% Orange Juice Whole Wheat French Toast	Milk Corn Diced Pears Turkey Mini Corn Dog CN	Water Applesauce Cup Twisted Pretzels
Tuesday	Milk 100% Apple Juice Multi Grain Cheerios	Milk Pinto Beans Fruit Cocktail Soft Chicken Taco with Cheese on Whole Grain Tortilla	Water Fresh Apples Cheez-Its
Wednesday	Milk Bananas Whole Wheat Toasted Bread	Milk Fresh Mashed Potatoes Diced Peaches Meatloaf Patty CN Whole Wheat Roll	Water Fresh Sliced Cheese Whole Wheat Crackers
Thursday	Milk Fresh Strawberries Whole Grain Cheese Flavor Rice Cakes	Milk Fresh Carrots Diced Pineapples Pepperoni Pizza CN Whole-Grain (pizza crust)	Water Sliced cucumbers String Cheese
Friday	Milk Diced Pears Home Made Biscuit	Milk Tomato Soup Sliced Fresh Cantaloupe Grilled Cheese Sandwich on Whole Grain Bread	Water Dried Fruit Yogurt Cup

= Whole Grain CN = Child Nutrition Label Required

Food and Snack Menu

Week 2

	Breakfast	Lunch	PM Snack
Monday	Milk Mandarin Orange Whole Grain Waffle	Milk Fresh Steamed Broccoli Diced Peaches Meatballs CN Whole Wheat Sliced Bread	Water Applesauce Cup Ritz Crackers
Tuesday	Milk Diced Peaches Multi Grain Toasted Bread	Milk Mixed Vegetables Fruit Cocktail Chicken Nuggets CN	Water Cubed Cheese Whole Grain Wheat Thin Crackers
Wednesday	Milk Fresh Orange Slices Whole Grain Bagel/Cream Cheese	Milk Fresh Lettuce & Tomato Diced Pineapples Picadillo Whole Wheat Tortilla	Water Sliced Bananas Goldfish
Thursday	Milk Diced Pineapples Whole Wheat French Toast	Milk Corn Fresh Strawberries Mac-N-Cheese with cubed ham	Water Fresh Mandarin Oranges Cheez-Its
Friday	Milk 100% Apple Juice Whole Wheat Raisin Toast	Milk Green Beans Fresh Apple Slices Whole Grain Spaghetti w/ground turkey sauce	Water Strawberry Yogurt Traditional Chex Mix

= Whole Grain CN = Child Nutrition Label Required

Food and Snack Menu

Week 3

	Breakfast	Lunch	PM Snack
Monday	Milk 100% Orange Juice Whole Wheat French Toast	Milk Mixed Vegetables Fruit Cocktail Bean & Cheese Taco Whole Wheat Tortilla	Water Dried Fruit String Cheese
Tuesday	Milk 100% Apple Juice Multi Grain Cheerios	Milk Sliced Carrots Diced Pears Pizza Pepperoni Sticks CN Whole Wheat Roll	Water Applesauce Cup
Wednesday	Milk Bananas Whole Wheat Toasted Bread	Milk Fresh Lettuce & Tomato Fresh Cantaloupe Slices Ham & Cheese Whole Grain Bread	Water Sliced Cheese Whole Grain Wheat Thin Crackers
Thursday	Milk Diced pears Home Made Biscuit	Milk Fresh Orange Slices Chicken Salad Whole Wheat Bread	Water Sliced Fresh Carrot Sticks Sunbutter
Friday	Milk Fresh Strawberries Whole Grain Rice Cakes	Milk Corn Fresh Honeydew Chef Boyardee Cheesy Mini Ravioli Bake CN Garlic Bread Stick	Water Fresh Apples Twisted Pretzels

= Whole Grain CN = Child Nutrition Label Required

Food and Snack Menu

Week 4

	Breakfast	Lunch	PM Snack
Monday	Milk Dried Fruit Whole Grain Waffle	Milk Corn Diced Pineapples Shepherd's Pie Whole Wheat Sliced Bread	Water Applesauce Cup Goldfish
Tuesday	Milk 100% Apple Juice Multi Grain Toast Bread	Milk Pinto Beans Diced Peaches Chicken & Cheese Quesadilla Whole Wheat Tortilla	Water Mandarin Oranges Twisted Pretzels
Wednesday	Milk Bananas Whole Wheat Toasted Bread	Milk Fresh Carrots Diced Pears Sloppy Joe on a Bun Whole Wheat Roll	Water Cucumbers String Cheese
Thursday	Milk Fresh Strawberries Whole Grain Cheese Flavor Rice Cakes	Milk Sliced Fresh Tomatoes Diced Pineapples Turkey & Cheese Sub on Whole Grain Roll	Water Dried Fruit Yogurt Cup
Friday	Milk Diced Peaches Home Made Biscuit	Milk Mixed Vegetables Fresh Cantaloupe Turkey Meatball Sub Whole Grain Roll	Water Fresh Apples Cheez-Its

= Whole Grain CN = Child Nutrition Label Required